

## **CURRICULUM VITAE**

### **Helen C. Kales, M.D.**

Assistant Professor of Psychiatry  
Psychiatry Service 116A  
VA Ann Arbor Healthcare System  
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## **EDUCATION AND TRAINING**

09/1983-05/1987	Bucknell University, Lewisburg, PA; B.A. ( <u>Summa cum Laude</u> , Spanish Language and Literature, Biochemistry minor)
08/1987-05/1992	University of Rochester School of Medicine, Rochester, NY; M.D.
06/1992-06/1996	University of Michigan Psychiatry Resident, Ann Arbor, MI
07/1996-06/1998	University of Michigan Geriatric Psychiatry Fellow

## **CERTIFICATION AND LICENSURE**

Medical License, State of Michigan, #4301059929

1993	Diplomate, National Board of Medical Examiners,
1997	Diplomate, American Board of Psychiatry and Neurology, Certificate #44353
1998	Diplomate, Subspecialty of Geriatric Psychiatry, Certificate #2422

## **ACADEMIC, ADMINISTRATIVE AND CLINICAL APPOINTMENTS**

### ACADEMIC APPOINTMENTS

07/1998-08/2001	Lecturer in Psychiatry, University of Michigan, Department of Psychiatry
07/1998-Present	Research Scientist, Geriatric Research Education and Clinical Center, VA Ann Arbor Healthcare System
09/2001-Present	Assistant Professor of Psychiatry, University of Michigan, Department of Psychiatry

### CLINICAL APPOINTMENTS

07/1998-Present	Staff Physician, Geriatric Psychiatry Clinic, University of Michigan, Department of Psychiatry
07/1998-06/2001	Consulting Geriatric Psychiatrist, Battle Creek Veterans Affairs Medical Center
7/1998-Present	Staff Physician, Geriatric Psychiatry Clinic, VA Ann Arbor Healthcare System
07/1998-Present	Director, Geriatric Psychiatry Clinic, VA Ann Arbor Healthcare System
05/2003-Present	Medical Director, Geriatric Depression Program, University of Michigan Depression Center

## RESEARCH INTERESTS

Late-life depression care adherence

Depression and dementia

Racial issues in depression care

Late-life bipolar disorder

Depression and medical illness

## GRANTS

### *Recent Support*

University of Michigan Geriatrics Center/Institute of Gerontology Pilot Grant, “Health Care Outcomes and Utilization in Older Patients with Coexisting Dementia and Depression”; Principal Investigator, 7/98-6/99, (\$20,000)

Rachel Upjohn Clinical Scholars Awards Program, University of Michigan Department of Psychiatry, “Depression and Dementia”; Principal Investigator; 10/98-6/02, (\$30,000)

American Geriatrics Society/Pfizer 2001 Postdoctoral Fellowship for Research on Health Outcomes in Geriatrics, “The Effect of Race on Physician’s Diagnosis and Treatment of Major Depression in the Elderly”; Principal Investigator, 7/01-6/02, (\$32,500)

Pfizer Inc., Unrestricted gift, Incremental funding of “The Effect of Race on Physician’s Diagnosis and Treatment of Major Depression in the Elderly”; Principal Investigator, 4/02-6/02, (\$18,500)

Blue Cross/Blue Shield Foundation, “Primary Care Physicians’ Diagnosis and Treatment of Late-life Depression”; Principal Investigator, 10/02-11/03, (\$50,000); 5% effort

Reynolds, Donald W., Foundation: Comprehensive Programs to Strengthen Physicians' Training in Geriatrics, Member, Faculty Component; 7/01 to 6/05, (\$1,500,000), 10% effort

*Current Support*

Department of Veterans Affairs, Health Services Research and Development, Career Development Award, "Geriatric Depression: Selected Confounds and Impact on Outcomes"; Principal Investigator, 9/01-8/07, (salary support); 80% effort.

Department of Veterans Affairs, IIR, Co-Investigator, "Suicide Among Veterans: Using the Depression Registry to Inform Care"; Principal Investigator Marcia Valenstein MD, 7/05-6/08, Co-Principal Investigator, 10% effort, (\$783,812)

National Institute of Mental Health, R21, "Racial Differences in Geriatric Antidepressant Adherence", 9/1/06-8/31/08, Principal Investigator, 20% effort, (\$376,200)

Department of Veterans Affairs, IIR, "Modifiable Determinants of Antidepressant Adherence Among Older Veterans", Principal Investigator, 3/07-2/10, 20% effort, (\$608,253)

*Pending*

Department of Veterans Affairs, IIR, "VA Nursing Home Care for Veterans with Serious Mental Illness", Principal Investigator John McCarthy PhD, Co-Investigator, 10% effort, (\$598,319)

National Institute of Mental Health, Mental Health Disparities Center Grant, Principal Investigator, Harold W. Neighbors PhD; "Diagnosis and Culture: Implementation of the DSM-IV Cultural Formulation", Co-Principal Investigator (Cheryl Munday PhD, Principal Investigator), 10% effort

National Institute of Mental Health, RO1, "Antipsychotics and Mortality in Older Patients", Principal Investigator, 20% effort, (\$871,291), Score 171 first submission fall 2007

## **HONORS AND AWARDS**

*College*

1984	Phi Eta Sigma Freshman Honor Society
1984	Alpha Lambda Delta Honor Society
1984	Sigma Delta Pi, Spanish Honor Society
1984	Mortar Board National Leadership Honor Society
1984	Selected to take Freshman Prize Examination in Mathematics
1984-1986	President's Award for Distinguished Academic Achievement
1987	Phi Beta Kappa
1987	J. Orin Oliphant Award at Graduation

1987                                      Phi Eta Sigma Award at Graduation  
 Cumulative GPA: 4.0  
 Dean's List, all semesters

*Medical School*

1987-1992                                Honors grades in 17 courses  
 1988-89                                   Selected as a Biochemistry Tutor

*Residency*

1996                                      Laughlin Fellow, The American College of Psychiatrists  
 1996                                      Lilly Fellow, The Society of Biological Psychiatry  
 1995-1997                                The Journal of Clinical Psychiatry/Janssen Pharmaceutical  
     Resident Advisory Board  
 1996                                      University of Michigan Department of Psychiatry Upjohn  
     Achievement ("Resident of the Year") Award

*Fellowship*

1997                                      Selected as a Ginsburg Fellow, Group for the Advancement  
     of Psychiatry  
  
 1998                                      Member In Training Award for best original research  
     submission ("Health Care Utilization by Older Patients with  
     Coexisting Dementia and Depression"), American  
     Association for Geriatric Psychiatry  
  
 1998                                      American Psychiatric Association/Lilly Resident Research  
     Award (for "Health Care Utilization by Older Patients with  
     Coexisting Dementia and Depression"; one of five recipients  
     nationally)

*Faculty*

2001                                      American Geriatrics Society/Pfizer 2001 Postdoctoral  
     Fellowship for Research on Health Outcomes in Geriatrics  
     (one of two recipients chosen nationally from applicants in  
     Geriatric Medicine, Neurology and Psychiatry)  
  
 2003                                      Junior Investigator Award, best original research submission  
     ("The Effect of Race and Gender on Psychiatrists' Diagnosis  
     and Treatment of Major Depression in the Elderly"),  
     American Association for Geriatric Psychiatry  
  
 2005                                      Selected as a Scholar (one of eight investigators nationally),  
     Advanced Research Institute in Geriatric Mental Health; ARI  
     is a NIMH-sponsored program that provides mentoring and  
     support aimed at helping junior investigators transition to  
     independent (i.e. R01-level) scientist in the field of geriatric  
     mental health.

## MEMBERSHIPS IN PROFESSIONAL SOCIETIES

American Association for Geriatric Psychiatry  
Hellenic American Psychiatric Association

## EDITORIAL POSITIONS, BOARDS, AND PEER-REVIEW SERVICE

*Ad Hoc Manuscript Referee:*    *American Journal of Geriatric Psychiatry,*  
   *Journal of Geriatric Psychiatry and Neurology,*  
   *Journal of the American Geriatrics Society,*  
   *Journal of General Internal Medicine*  
   *Psychosomatics*  
   *The Journal of Aging and Mental Health*  
   *International Journal of Geriatric Psychiatry*  
   *Archives of General Psychiatry*  
   *Journal of Clinical Psychiatry*  
   *Drugs and Aging*

2001-2002	Member, Scientific Program Committee (New Research and Scientific and Clinical Reports Subcommittees), American Psychiatric Association
2004	Reviewer, NIMH-funded Summer Training on Aging Research Topics-Mental Health Fellowship Program
2005-present	Member, Subcommittee on Human Studies, VA Ann Arbor Healthcare System
2007	Reviewer, National Institute for Health Research (UK)

## TEACHING

1988-89	Biochemistry Tutor, University of Rochester School of Medicine
1996-2005	Lecturer, Third-Year Medical Student Psychiatry Clerkship, Mood Disorders, University of Michigan
1997-1998	Additional supervision for Psychiatric Residents on the Geriatric Psychiatry Rotation as a Geriatric Psychiatry Fellow

1998-present	Lecturer to HO-I Psychiatric Residents, Psychiatric Syndromes due to General Medical Conditions, University of Michigan
1999-2003	Lecturer, HO-III Psychopharmacology Core, Psychiatric Symptoms due to Medical Drugs, University of Michigan
1999-present	Co-Course Director, Geropsychiatry Core Series for HO-III Residents, University of Michigan
1998-present	Faculty supervisor for Psychiatric Residents, University of Michigan Geropsychiatry Clinic
1998-present	Faculty supervisor, University of Michigan Geropsychiatry Fellowship Program
2000-2002	Lecturer to Masters of Social Work Students on Geriatric Psychiatry, Hartford Seminar Series, University of Michigan
2001-present	Faculty supervisor for rotating Geriatric Medicine Fellows, University of Michigan Geriatric Psychiatry Clinic
2001-2004	Faculty examiner, Comprehensive Clinical Assessment for Medical Students, University of Michigan
2001-2005	Teaching presentations, Late-Life Depression, Reynolds Fellows, University of Michigan
2003-present	Training Director, VA Component, Geriatric Psychiatry Fellowship Program
2003-2005	Mentoring, Peijun Chen, MD, Resident in Psychiatry, Geriatric Psychiatry Research
2004	Mentoring, Andrew DiNardo, Medical Student, NIMH-funded START-MH program, Research in Mental Health and Aging
2005-present	Lecturer, Third-Year Medical Student Psychiatry Clerkship, Geriatric Psychiatry, University of Michigan
2005-present	Faculty Advisor, "Weakest Link", Monthly Evidence-Based Medicine Contest for Residents
2006-present	Mentoring, Kara Bambauer PhD, joined UM Faculty Fall 2006, Assistant Professor, Department of Psychiatry
2006-present	Mentoring, Lisa Seyfried MD, lecturer, Department of Psychiatry

## **COMMITTEE, ORGANIZATIONAL AND VOLUNTEER SERVICE**

- 2002                                      Search Committee, Mental Health Clinic Chief,  
VA Ann Arbor Healthcare System
- 2005-present                              VA Institutional Review Board, Human Studies  
Subcommittee, Member  
VA Ann Arbor Healthcare System
- 2006-present                              Depression Center Volunteer Committee, Faculty Liaison

## **EXTRAMURAL INVITED PRESENTATIONS**

Michigan Assisted Living Association, “The Interface of Depression and Dementia,  
Lansing, MI, May 6, 2001

University of Michigan School of Social Work, Hartford Geriatric Social Work Program,  
“DSM-IV and Depression and Anxiety in Older Adults”, June 20, 2001

University of Michigan Department of Psychiatry Psychopharmacology Update,  
“Depression and Dementia”, Traverse City, MI, July 12, 2001

University of Michigan Department of Internal Medicine Conference *The Challenge of  
Diabetes Care in Older Adults*, “Late-Life Depression and Diabetes”, September 21,  
2001

Michigan Radio Interview, “Late-life Depression and Dementia”, December 21, 2001

University of Michigan School of Social Work, Hartford Geriatric Social Work Program,  
“Depression and Anxiety in Older Adults”, March 26, 2002

University of Michigan Health Minute, “Depression in the Elderly”, May 2002

Geriatric Medicine Fellowship Series, University of Michigan, Discussant, “Depression in  
the Elderly Patient”, September 6, 2002

University of Michigan School of Social Work, “Geriatric Psychiatry”, April 8, 2003

Blue Cross Blue Shield Foundation, *Older Adult Depression Initiative*, “Where Depression  
Meets Dementia”, Traverse City, MI, July 11, 2003

University of Michigan Department of Psychiatry Psychopharmacology Update, “Vascular  
Depression”, Traverse City, MI, July 12, 2003

Collaborative Center for General Medicine and Geriatrics, University of Michigan, “Late-Life Depression”, October 21, 2003

Institute for Social Research, University of Michigan, *Psychosocial Factors in Mental Health Postdoctoral Seminar*, “Race and the Diagnosis of Depression in Older Adults”, March 26, 2004

University of Michigan School of Social Work, Masters Level course in Psychopathology, “Late-Life Mental Disorders”, April 4, 2004

University of Michigan School of Art, *Depression and Expression* course, “Aging and Depression”, April 4, 2004

Sunrise Assisted Living of Ann Arbor, MI, Breakfast Speaker Series, “Late-Life Depression”, May 21, 2004

University Commons, Senior Living for University Alumni, Ann Arbor, MI, “Hearts and Brains: How Do Depression and Vascular Diseases Link?”, July 14, 2004

VA Psychiatry Grand Rounds, Ann Arbor, MI, “Antipsychotics in Veterans with Dementia: Is There Increased Risk of Mortality?”, September 6, 2005.

HSRD Working Seminar, Ann Arbor, MI, “Antipsychotics in Veterans with Dementia: Is There Increased Risk of Mortality?”, December 1, 2005.

Institute for Social Research, University of Michigan, *Psychological Health and Illness* (Postdoctoral Level Course), “Patient and Physician Characteristics and the Influence on Depression Diagnosis and Treatment”, December 5, 2005.

University of Michigan Geriatric Center, Noon Seminar, Ann Arbor, MI, “Antipsychotic Use in Dementia: Is There Increased Risk of Mortality?”, December 13, 2005.

National Institutes of Health, National Institute of Mental Health, NIMH Workgroup on Adherence to Interventions for Mental Disorders, Bethesda, MD: “Racial Issues in Depression and Mental Health Treatment Adherence”, May 15, 2006.

University of Michigan Department of Neurology Conference, Critical Care Issues in the Care of Older Adults: Dementia, “Depression in Dementia”, October 6, 2006.

University of Michigan Health Minute, “Spotting Depression in the Elderly at the Holidays”, October 2006

University of Michigan Depression Center, Community Volunteer Group, Ann Arbor, MI, “Late-Life Depression and Treatment Adherence”, November 16, 2006.

General Medicine Clinical Conference, University of Michigan, “Everything you might want to know about late-life depression but were too busy to ask”, March 27, 2006.



Community Forum Series “Bright Nights”, UM Women’s Health Program and UM Depression Center, “Women’s Health and Depression”, Ann Arbor District Library, April 3, 2007.

## **BIBLIOGRAPHY**

### *Peer-Reviewed Publications*

1. Mattison, R.E., Handford, H.A., Kales, H.C., Goodman, A.L.: Four-year predictive value of the Children's Depression Inventory. *Psychological Assessment* 2(2): 169-174, 1990.
2. Mattison, R.E., Lynch, J.C., Kales, H.C., Gamble, A.D.: Checklist identification of elementary schoolboys for clinical referral or SED evaluation. *Behavioral Disorders* 18(3): 218-227, 1993.
3. Kales, H.C., Raz, J., Tandon, R., Maixner, D, DeQuardo, J., Miller, A., Becks, L.: Relationship of seizure duration to antidepressant efficacy in electroconvulsive therapy. *Psychological Medicine* 27: 1373-1380, 1997.
4. Valenstein, M., Kales, H.C., Mellow, A.M., Dalack, G., Figueroa, S., Barry, K.L., Blow, F.C.: Psychiatric diagnosis and intervention in older and younger adult patients in a primary care clinic: effect of a screening and diagnostic instrument, *The Journal of the American Geriatrics Society*, 46: 1499-1505, 1998.
5. Kales, H.C., DeQuardo, J.R., Tandon, R.: Combined electroconvulsive therapy and clozapine in treatment-resistant schizophrenia, *Progress in Neuro-psychopharmacology and Biological Psychiatry*, 23: 547-556, 1999.
6. Kales, H.C., Blow, F.C., Bingham, C.R., Kammerer, E.E., Copeland, L.C., Mellow, A.M.: Health care utilization by older patients with coexisting dementia and depression, *The American Journal of Psychiatry*, 156: 550-556, 1999.
7. Kales, H.C., Blow, F.C., Bingham, C.R., Copeland, L.C., Mellow, A.M.: Race and inpatient psychiatric diagnosis among elderly veterans, *Psychiatric Services*, 51: 795-800, 2000.
8. Kales, H.C., Blow, F.C., Bingham, C.R., Roberts, J.S., Copeland, L.C., Mellow, A.M.: Race, psychiatric diagnosis and mental health care utilization in older patients, *The American Journal of Geriatric Psychiatry*, 8: 301-309, 2000.
9. Kales, H.C. and Valenstein, M.: Complexity in late-life depression: The impact of selected confounding factors on outcomes, *The Journal of Geriatric Psychiatry and Neurology*, 15:199-202, 2002.

10. Kales, H.C. and Blow, F.C.: Health services research on late-life mental disorders: the emerging translation from clinical science to improved outcomes, *The Journal of Geriatric Psychiatry and Neurology*, 15: 119-120, 2002.
11. Kales, H.C., Kamholz, B.A., Visnic, S., Blow, F.C.: Recorded delirium in a national sample of elderly inpatients: Potential implications for recognition, *The Journal of Geriatric Psychiatry and Neurology*, 16: 32-38, 2003.
12. Kales, H.C., Welsh D., Blow, F.C., Mellow, A.M. Alternative medicine use among patients with depression and dementia, *The Journal of Geriatric Psychiatry and Neurology*, 17:25-31, 2004.
13. Valenstein M, Khanuja K, Austin K, Kales HC, McCarthy JF, Blow FC. Benzodiazepine use among depressed patients treated in mental health settings, *The American Journal of Psychiatry*, 161:654-661, 2004.
14. Sajatovic, M., Blow F.C., Ignacio R.V., Kales, H.C. Bipolar disorder in the Veterans Health Administration: Age-related modifiers of clinical presentation and health service use, *Psychiatric Services*, 55:1014-1021, 2004.
15. McCarthy, J.F., Blow, F.C, Kales, H.C. Disruptive behaviors among VA nursing home residents: how different are residents with serious mental illness?, *Journal of the American Geriatrics Society*, 52:2031-2038, 2004.
16. Kales, H.C., Maixner, D.F., Mellow, A.M. Cerebrovascular disease and late-life depression, *The American Journal of Geriatric Psychiatry*, 13:88-98, 2005.
17. Sajatovic, M., Blow, F.C., Ignacio, R.V., Kales, H.C. New-Onset Bipolar Disorder in Later Life, *The American Journal of Geriatric Psychiatry*, 13:282-289, 2005.
18. Kales, H.C., Neighbors, H., Valenstein, M., Blow, F. Khanuja, K-K., Gillon, L., Ignacio, R.V., Mellow, A.M. Impact of race and gender on primary care physicians' diagnosis and treatment of late-life depression, *Journal of the American Geriatrics Society*, 53:777-784, 2005.
19. Kales, H.C., Chen, P.J., Blow, F.C., Bigger, B., Mellow, A.M. Rates of clinical depression diagnosis, functional impairment and nursing home placement in coexisting dementia and depression, *The American Journal of Geriatric Psychiatry*, 13:441-449, 2005.
20. Kales, H.C., Neighbors, H., Blow, F., Khanuja, K., Gillon, L, Welsh, D., Bingham, C.R., Maixner, S., Mellow, A.M. The effect of race and gender on psychiatrists' diagnosis and treatment of major depression in the elderly, *Psychiatric Services*, 56:721-728, 2005.
21. Kales, H.C., DiNardo A.R., Blow, F.C., McCarthy, J.F., Ignacio, R.V., Riba, M.B. International medical graduates and the diagnosis and treatment of late-life depression. *Academic Medicine*, 81:171-175, 2006.

22. Sajatovic, M and Kales, H.C. Diagnosis and management of bipolar disorder with comorbid anxiety in the elderly. *Journal of Clinical Psychiatry*, 67S1:21-27, 2006.
23. Kales, H.C., Mellow, A.M. How do race and gender affect the diagnosis and treatment of late-life depression? *Geriatrics*, 61:18-21, 2006
24. Chen, P.J., Kales, H.C., Weintraub, D. Blow, F.C., Jiang, L., and Mellow, A.M. Depression in veterans with Parkinson's disease: frequency, comorbidity and healthcare utilization. In Press, *International Journal of Geriatric Psychiatry*.
25. Chen, P.J., Kales, H.C., Weintraub, D., Blow, F.C., Jiang, L., and Mellow, A.M. Antidepressant treatment of veterans with Parkinson's Disease and depression: analysis of a national sample. In Press, *Journal of Geriatric Psychiatry and Neurology*.
26. Sajatovic, M., Blow, F.C., Kales, H.C., Valenstein M., Ganoczy, D., Ignacio, R.V. Age comparison of treatment adherence with antipsychotic medications among individuals with bipolar disorder. In Press, *International Journal of Geriatric Psychiatry*.
27. Kales, H.C., Valenstein, M., Kim, H.M., McCarthy, J.F., Ganoczy, D., Blow, F.C. Mortality risk in patients with dementia treated with antipsychotics versus other psychiatric medications. In Press, *The American Journal of Psychiatry*.

#### *Letters*

1. Kales, H.C., Mellow, A.M. Bupropion-induced severe ileus (letter), *Journal of Clinical Psychiatry*, 60: 337, 1999.
2. Kales, H.C., Blow, F.C., Mellow, A.M. Older patients and health care utilization (letter), *The American Journal of Psychiatry*, 157: 661, 2000.
3. Kales, H.C., Blow, F.C., Mellow, A.M.: Antidepressant use by race (letter), *The American Journal of Psychiatry*, 158: 974-975, 2001.

#### *Non-Peer Reviewed Publications*

1. Kales, H.C., Abelson J., Riba, M.: The importance of psychotherapeutic concepts in medication management: a resident's experience with an erotized transference, *The Jefferson Journal* 14: 30-40, 1998.
2. Kales, H.C.: Review of Geriatric Psychopharmacology. *The Journal of*

Geriatric Psychiatry and Neurology, 11:36-37, 1998.

#### *Articles Submitted*

1. Bambauer, K.Z., Kales, H.C. Depression treatment adherence in older adults. Submitted, Drugs and Aging.
2. Bambauer, K.Z., Nosowsky, R., DiFranco, D., Valenstein, M., Kales, H.C., Greden, J.F. Criminal background checks for psychiatry? Michigan's mental health exceptionalism. Submitted, Psychiatric Services.
3. McCarthy JF, Bambauer KZ, Austin KL, Kales HC, Valenstein M. Out-of-System Utilization and Quality Assessment: Does Consideration of Medicare Use Affect VA Evaluations of Depression Treatment Quality? Submitted, Medical Care.

#### *Articles In Preparation*

1. Kales, H.C., DiNardo A.R., Blow, F.C., McCarthy, J.F., Ganoczy, D. Vascular risk factors and depression in older patients with diabetes mellitus.
2. Kales, H.C., Valenstein, M. McCarthy, J.F., Cunningham, F., Ganoczy, D., Blow, F.C. Cause of mortality in dementia patients treated with antipsychotics.

#### *Book Chapters*

Maixner, S.M., Kales, H.C., Mellow, A.M. Geriatric Psychiatry. In: *Psychiatric Pearls of Wisdom*, ed. by Schmidt, R., Boston Medical Publishing, Corp., 1999, pp. 170-179.

Mellow AM, Kales H.C., Maixner SM. Late-life depression and anxiety. In *Review of Psychiatry, Volume 22, no. 4: Geriatric Psychiatry*, ed. By AM Mellow (American Psychiatric Press, Inc.), pp. 1-34, 2003.

Kales, H.C., Mellow, A.M. Depression in Dementia. In: *A Practical Guide to the Interdisciplinary Assessment and Treatment of Dementia*, ed. By Murman, D., Lichtenberg, P., and Mellow, A.M., John Wiley Publishing, 2003.

Maixner, S.M., Kales, H.C., Mellow, A.M. Geriatric Psychiatry. In: *Psychiatric Pearls of Wisdom*, ed. by Schmidt, R., Boston Medical Publishing, Corp., 2<sup>nd</sup> edition, 2004.

Kales, H.C., Schoem, K.S., Maixner, S.M. Dementia. In: *The Encyclopedia of Women's Health*, eds. Loue, S. and Sajatovic, M., Kluwer Academic/Plenum Publishing Company, 2004.

Sajatovic, M., Madhusoodanan, S., Kales, H.C., Blow, F.C. Treatment of Bipolar disorder in older adults. In: *Progress on Bipolar Disorder Research*. Nova Science Publishers. Hauppauge, NY, 2005.

Kales, H.C. Medical Co-morbidity in Late-Life Bipolar Disorder. In: *Bipolar Disorders in Late-Life*, eds. Sajatovic, M and Blow, F.C. Johns Hopkins University Press, in press.

### *Abstracts*

1. Kales, H.C., Raz, J., Tandon, R., Maixner, D, DeQuardo, J., Miller, A., Becks, L. Anticonvulsant effects of electroconvulsive therapy: relationship to antidepressant efficacy. Presentation, Society of Biological Psychiatry Abstracts, 1994.
2. Kales, H.C., DeQuardo, J., Tandon, R. Combined electroconvulsive therapy and clozapine in schizophrenia. Scientific Proceedings of the American Psychiatric Association, 1995.
3. Kales, H.C., DeQuardo, J., Tandon, R. Combined electroconvulsive therapy and clozapine in schizophrenia. Society of Biological Psychiatry Abstracts, 1995.
4. Kales, H.C., Tandon, R., DeQuardo, J. Effects of prior electroconvulsive therapy on seizure duration. Scientific Proceedings of the American Psychiatric Association, 1995.
5. Kales, H.C., Tandon, R., DeQuardo, J. Effects of prior electroconvulsive therapy on seizure duration. Presentation, Society of Biological Psychiatry Abstracts, 1995.
6. Kales, H.C., Blow, F.C., Mellow, A.M., Kammerer, E.E., Copeland, L.C. Health care utilization by older patients with coexisting dementia and depression. Presentation, Scientific Proceedings, American Association for Geriatric Psychiatry, 1998.
7. Valenstein, M., Kales, H.C., Mellow, A.M., Dalack, G., Figueroa, S., Barry, K.L., Blow, F.C. Psychiatric diagnosis and intervention in older and younger adult patients in a primary care clinic: effect of a screening and diagnostic instrument. Scientific Proceedings of the American Psychiatric Association, 1998.
28. Kales, H.C., Blow, F.C, Bingham, C.R., Copeland, L.C., Mellow, A.M., Race and psychiatric diagnosis in the elderly. Scientific Proceedings, American Association for Geriatric Psychiatry, 1999.

29. Kales, H.C., Blow, F.C., Bingham, C.R., Roberts, J.S., Copeland, L.C., Mellow, A.M.: Race, psychiatric diagnosis and mental health care utilization in older patients. Scientific Proceedings, Institute on Psychiatric Services, 1999.
30. Kales, H.C., Kamholz, B.A., Baker, R.M., Blow, F.C.: Rates, utilization of health care and mortality of delirium subtypes in elderly inpatient veterans. Scientific Proceedings, American Association for Geriatric Psychiatry, 2000.
31. Kamholz, B.A., Kudelko, K., Tyrrell, V., Kales, H.C.: Prevalence and recognition of delirium at a VA teaching hospital. Scientific Proceedings, American Association for Geriatric Psychiatry, 2000.
32. Kales, H.C., Roberts, J.S., Blow, F.C., Mellow, A.M.: Dementia, depression, and coexisting dementia and depression: Detection of diagnoses and 12-month health care outcomes. Scientific Proceedings, American Association for Geriatric Psychiatry, 2001.
33. Roberts, J.S., Kales, H.C., Blow, F.C., Connell, C.M., Visnic, S., Mellow, A.M.: Differences in psychological symptoms and caregiver burden among caregivers of older patients with depression, dementia or coexisting dementia and depression. Scientific Proceedings, American Association for Geriatric Psychiatry, 2001.
34. Kales, H.C., Blow F.C., Mellow A.M., Welsh, D.E.: Alternative medicine use among elderly patients with depression and dementia. Presentation, Scientific Proceedings, American Association for Geriatric Psychiatry, 2002.
35. Kales, H.C., Neighbors, H.W., Blow, F.C., Mellow, A.M.: The effect of race and gender on psychiatrists' diagnosis of major depression in the elderly. Presentation, Scientific Proceedings, American Association for Geriatric Psychiatry Annual Meeting, 2003.
36. Valenstein, M, Khanuja, K, Austin, K, Kales H., Blow, F.: Benzodiazepine use among veterans with depression. VA Health Services Research and Development Service National Meeting, 2003.
37. McCarthy, JF, Kales, HC, Blow, FC: Disruptive behaviors among VA nursing home residents: assessing the impact of psychoses and dementia. Gerontological Society of America Annual Meeting, 2003.
38. Kales, H.C., Neighbors, H.W., Valenstein, M, Blow, F.C., Taylor, KK-K, Gillon, L, Ignacio, R, Maixner, SM, Mellow, A.M.: The effect of race and gender on primary care physicians' diagnosis of major depression in the elderly. Presentation, Scientific Proceedings, American Association for Geriatric Psychiatry Annual Meeting, 2004.
39. Kales, HC, Valenstein, M, Piette, J, Blow, FC, Austin K, Mellow AM: Co-morbid diabetes among older depressed patients: impact on mental health services

- utilization. Scientific Proceedings, American Association for Geriatric Psychiatry Annual Meeting, 2004.
40. Kales, H.C., Neighbors, H.W., Valenstein, M, Blow, F.C., Taylor, KK-K, Gillon, L, Ignacio, R, Maixner, SM, Mellow, A.M.: Race and primary care physician diagnosis/treatment of geriatric depression. Plenary Presentation, VA Health Services Research and Development Service National Meeting, 2004.
  41. Kales, H.C., DiNardo, A., Blow, F.C., McCarthy, J.F., Ignacio, R.V.: Effect of international medical school training on the diagnosis and treatment of late-life depression. Scientific Proceedings, American Association for Geriatric Psychiatry Annual Meeting, 2005.
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